

**2025 Journey In Lent
Word Of Truth In Christ Church**

**The Journey in Lent
Theme: Season of Teaching**



March 5, 2025 to April 20, 2025

2025 Journey In Lent

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Week 1 Wisdom

Introduction

As we start Lent Season, we must prepare ourselves in a routine of prayer, alms, and fasting.

Prayer- 3 or more times through the day and especially during the times of temptation.

Alms- practice in giving through donations, charity, volunteering with organizations, and assisting in the community.

Fasting- Pray daily if you are to fast or what to do in the fast as a tribute to God. (See attached document)

Ash Wednesday

Lent Focus: Preparation

Day 1

Text: John 1:6-34

Ash Wednesday is a holy day of prayer and fasting that marks the beginning of Lent, a 40-day period penitence leading to Resurrection Sunday, also known as Easter. Ashes are commonly observed in Christian denominations such as Catholics, Lutherans, and Anglicans.

John the Baptist came, saying, “Repent ye; for the kingdom of heaven is at hand.” Repentance means denial; it is a relinquishment and should be made without much vehemence.

Today’s Assignment:

- 1. Today we will be examining ourselves and documenting habits, attitudes and behaviors that are blocking us from improving spiritually in righteousness.**
- 2. The list should include anyone that have not forgiven or holding resentment.**
- 3. Look at anything in your life that us holding you back from moving forward.**

Philippians 3:13” Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

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Lent Focus: God's Word

Day 2

Text: Matthew 4:1-11

Today, we walk through the journey with Jesus Christ during the 40-day in the wilderness. Jesus Christ fought back with the Word from the Father while tempted by Satan. We learn to take the word we have been learning and apply it to the moments of the test.

Assignment: On the list from day 1, write truth statements from the bible. Keep the list in a place where you can see it during the Lenten Season.

Lent Focus: Follow The Mission

Day 3

Text: Matthew 4:18-22, Luke 4:14-21

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Lent Focus: The Beatitude

Saturday Service Day 4

Text: Matthew 5:1-12

Sunday Service

The New Law

1st Sunday

Text: Matthew 5:21-48

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Week 2: Guidance

Lent Focus: The Purpose of the Water & Wine

Day 5

Text: John 2:1-12

Lent Focus: The Lord's Prayer

Day 6

Text: Matthew 6:5-15

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Lent Focus: The Salt Of The Earth

Day 7

Text: Matthew 5:13-20

Lent Focus: The Law Explained

Day 8

Text: Matthew 5:21-48

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Lent Focus: Being Born Again

Day 9

Text: John 3:1-11

Lent Focus: The Teachings of Jesus Christ

Saturday Service Day 10

Text: Matthew Chapter 6

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Sunday Service

Jesus Christ & John The Baptist Purpose & Mission

2nd Sunday

Text: John 3:12-36

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Week 3: Deliverance

Lent Focus: A Man With An Unclean Spirit

Day 11

Text: Mark 5:1-20

Lent Focus: A Dumb and Deaf Spirit Cast Out

Day 12

Text: Mark 9:14-32

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Lent Focus: A Man Possessed With Devils

Day 13

Text: Luke 8:26-39

Lent Focus: Jesus Heals A Possessed Boy

Day 14

Text: Luke 9:37-42

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Lent Focus: Jesus Heals Ten Lepers

Day 15

Text: Luke 17:11-19

Lent Focus: Things Within Defile

Saturday Service Day 16

Text: Mark 7:14-23

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Sunday Service

Repent Or Perish

3rd Sunday

Text: Luke 13:1-9

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Week 4: True Worship

Lent Focus: The Son Of Man Is Lord Of The Sabbath

Day 17

Text: Matthew 12:1-14

Lent Focus: Set Your Candle On a Candlestick

Day 18

Text: Mark 4:21-25

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Lent Focus: Take Up Your Cross

Day 19

Text: Mark 8:34-38

Lent Focus: A Woman Anoints Jesus

Day 20

Text: Mark 14:1-11

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Lent Focus: The First and Greatest Commandment

Day 21

Text: Matthew 22:34-40

Lent Focus: The Seventy Laborers Sent Forth

Saturday Service Day 22

Text: Luke Chapter 10

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Sunday Service

The Coming Of The Son Of Man

4th Sunday

Lesson of Christ: Matthew 24:15-35

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Week 5: Great Healer

Lent Focus: Jesus Heals A Leper

Day 23

Text: Matthew 8:1-4

Lent Focus: Healing A Man With Palsy

Day 24

Text: Matthew 9:1-8

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Lent Focus: Jesus Heals A Blind Man At Bethsaida

Day 25

Text: Mark 8:22-30

Lent Focus: Jarius Daughter

Day 26

Text: Luke 8:40-56

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Lent Focus: Jesus Heals A Nobleman

Day 27

Text: John 4:43-54

Lent Focus: Jesus Heals A Blind Man From Birth

Saturday Service

Day 28

Text: John 9:1-12

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Sunday Service

A Woman With Infirmity Healed

5th Sunday

Lesson: Luke 13:10-17

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Week 6: Atonement

Lent Focus: God Knows The Day And Hour

Day 29

Text: Matthew 24:36-51

Lent Focus: Days Of Affliction

Day 30

Text: Mark 13:14-31

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Lent Focus: The Kingdom Of God

Day 31

Text: Luke 13:18-30

Lent Focus: The Good Shepherd

Day 32

Text: John Chapter 10

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Lent Focus: The Mount Transfiguration

Day 33

Text: Matthew 17:1-13

Lent Focus: Jesus Raise Lazarus From Death

Saturday Service

Day 34

Text: John 11:1-44

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Palm Sunday (April 13, 2025)

Palm Sunday

Lesson: John 12: 12-50

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HOLY WEEK

Lent Focus: Refusal To Confess Jesus

Day 35

Text: John 12:37-50

Lent Focus: Jesus Washes The Feet Of The Disciples

Day 36

Text: John 13:1-17

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The Last Supper

Lent Focus: Holy Communion

Day 37

Text: Luke 22:1-23

Lent Focus: Gethsemane

Day 38

Text: Mark 14:32-42

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Good Friday

The 7 Last Words On The Cross

Bishop-Elect Jethro Harden & Apostle Ouicia Jolly

Day 39

7:00 am

Resting In God

Saturday Service

Evangelist Mother Edwena Jolly & Prophetwss Telisa Harden

Day 40

10:00 am

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Resurrection Sunday Service

Youth In Christ Ministry

Lesson of Truth: John 20:1-18

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Types of Fasting

- Alternate-day fasting- fasting 24 hours a day.
- 16/8 method: Fasting for 16 hours each day and eating within an 8-hour window.
- 5:2 method: Fasting for 2 non-consecutive days each week, consuming only 500-600 calories on those days.
- Juice Fast: Consuming only fruit and Vegetable juices for a limited period.
- Water Fast: Abstaining from all food and drinks except water.
- Eat Stop Eat: Fasting for 24 hours once a twice a week.
- Prolonged Fasting: Fasting more than 24 hours.
- Time- restricted eating: Limiting eating specific hours of the day, example 10:00 am 6:00 pm.
- Omit a specific meal: do not eat breakfast, lunch, or dinner.